

Patient Information and Consent Form

Please read this information carefully and ask your doctor to explain anything that you do not understand.

What is acupuncture?

Acupuncture is a medical treatment in which fine needles are inserted into specific points on the body to relieve pain and help treat medical disorders. *Only single-use, sterile, disposable needles are used for your treatment.*

Does acupuncture have side effects?

Acupuncture is generally very safe. Here is a list of common side effects.

- Minor bleeding or bruising may occur when the needles are removed.
- Drowsiness may occur after a treatment. If this happens, you should not drive.
- Symptoms can temporarily worsen after a treatment. Be sure to tell your doctor about this at your next appointment.
- Lightheadedness or fainting may occur, particularly at the first treatment.

Other possible risks are extremely rare. They include infection, nerve injury, broken needle, and puncture of a lung or other organ. If there are particular risks that apply in your case, your doctor will discuss these with you.

What does your doctor need to know?

In addition to your medical history, it is important to tell your doctor

- all medications you are currently taking,
- if you have ever fainted, had a seizure, or had an unusual reaction to a medical treatment,
- if you have a pacemaker or any other implanted devices,
- if you have had a joint replacement, spinal surgery, or other surgery,
- if you have a bleeding disorder or are taking blood thinners,
- if you have a damaged heart valve or other cardiac problem,
- if you are at increased risk of infection.

Statement of Consent

I confirm that I have read and understand the above information. I consent to having acupuncture treatment acknowledging that no guarantee of results has been made to me. I understand that I can refuse treatment at any time.

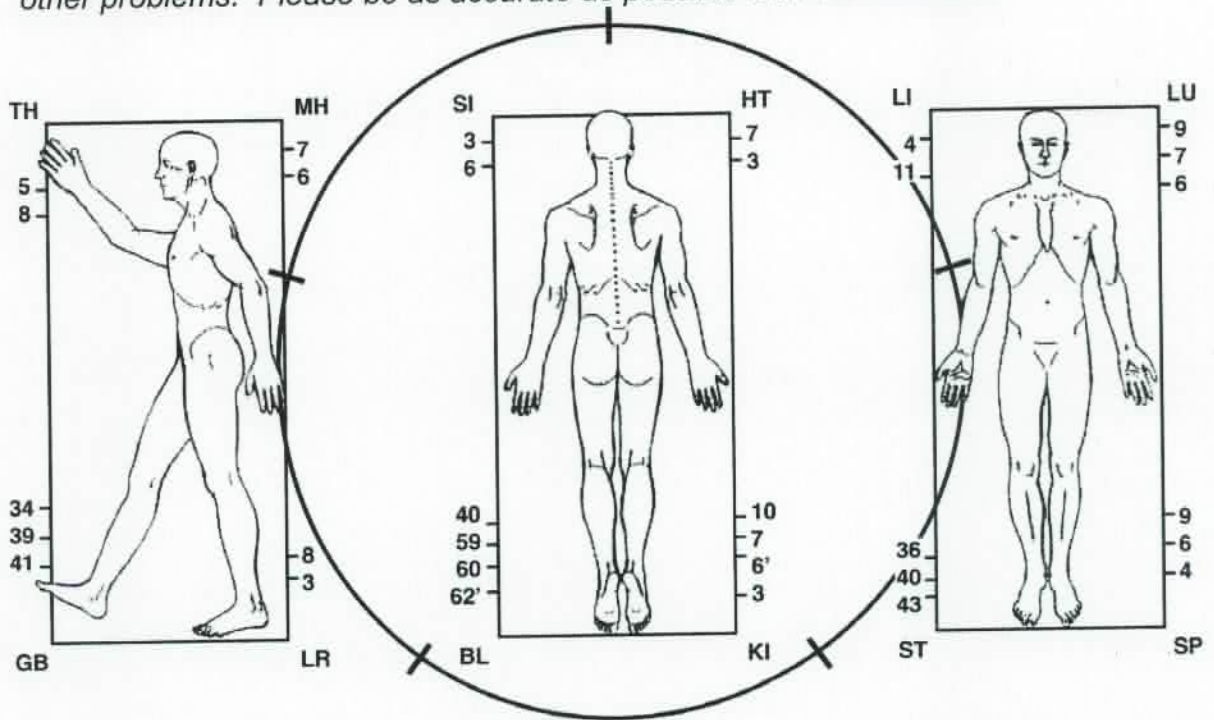
Signature _____

Print name _____ Date _____

Acupuncture Questionnaire

Name: _____ Date: _____

1. On the anatomical figures below, mark the area or areas where you have pain or other problems. Please be as accurate as possible with the locations.



Pain Assessment - Side
Location: Left / Right / Both
Onset:
Made better with:
Made worse with:
Associated symptoms:
Quality: <input type="checkbox"/> constant <input type="checkbox"/> intermittent <input type="checkbox"/> sharp <input type="checkbox"/> dull <input type="checkbox"/> pressure <input type="checkbox"/> burning
Severity: 1 2 3 4 5 6 7 8 9 10

Pain Assessment - Back
Location:
Onset:
Made better with:
Made worse with:
Associated symptoms:
Quality: <input type="checkbox"/> constant <input type="checkbox"/> intermittent <input type="checkbox"/> sharp <input type="checkbox"/> dull <input type="checkbox"/> pressure <input type="checkbox"/> burning
Severity: 1 2 3 4 5 6 7 8 9 10

Pain Assessment - Front
Location:
Onset:
Made better with:
Made worse with:
Associated symptoms:
Quality: <input type="checkbox"/> constant <input type="checkbox"/> intermittent <input type="checkbox"/> sharp <input type="checkbox"/> dull <input type="checkbox"/> pressure <input type="checkbox"/> burning
Severity: 1 2 3 4 5 6 7 8 9 10

2. List in order of importance the problems you would like the doctor to treat with #1 being the most important.

1.
2.
3.
4.
5.

3. Please check any statements that apply to you at least 80% of the time. Be nonjudgmental and don't think about the answers too much. Leave blank any boxes that do not apply to you or that you are unsure of. There are no correct answers. Your honesty will result in a better treatment.

Shao Yin Fire	I can be characterized as creative, passionate, dramatic, and impulsive.
	I frequently exude heat and often feel flushed and sweaty.
	I tend towards sexual hyperactivity.
	I have experienced chest pains or palpitations.
	I tend to be talkative or noisy. I am the life of the party.
Tai Yang Fire	I can be characterized as authoritative, imposing, and impatient.
	I am competitive. I like to win.
	I have neck or lower back pain.
	I have insomnia.
	I occasionally have headaches.

Tai Yang Water	I can be characterized as intelligent and hyperanalytical, but often indecisive.
	I have a history of recurrent urinary tract infections, urethritis, and kidney problems.
	I tend to have poor stamina and tired easily.
	I have diffuse low back pain.
	I sometimes have digestive problems.
Shao Yin Water	I can be characterized as private, cautious, and secretive.
	I have problems with motivation, self-discipline, and making decisions.
	I tend to have recurrent sore throats, tonsillitis, kidney infections, or kidney stones.
	I tend to be chilly with cold hands. I dislike cold.
	I experience lower back pain, knee pain, and achy joints when I am tired.

Jue Yin Fire	I can be characterized as irritable, anxious, and emotionally volatile at times.
	I tend to harbor grudges and have explosive anger.
	I get tension headaches or stress-related headaches.
	I get muscle cramps and often have insomnia.
	I am sensitive to many foods. I get stomach cramps and diarrhea or slow digestion.
Shao Yang Fire	I can be characterized as clear thinking and decisive.
	When I get agitated, I can't sleep.
	I tend to grind my teeth and have tight jaws.
	I have muscle aches and cramps.
	I need to exercise, move, and stretch or I don't feel right.

Shao Yang Wood	I can be indecisive. I wish I were more self-confident.
	I am sensitive to ridicule or criticism.
	I have neck pain and shoulder tension. This can cause headaches.
	I tend to have lateral or side hip pain.
	I have digestive problems due to my gall bladder.
Jue Yin Wood	I can be characterized as timid or introverted.
	I am sensitive to caffeine, and I need it as a pick-me-up.
	I get migraine headaches and tension headaches.
	My palms tend to be sweaty requiring a handkerchief.
	I have sensitive eyes. I'm near-sighted.

Tai Yin Earth	I can be characterized as round and fleshy with full lips, calm, and peaceful.
	I often have abdominal bloating and diarrhea.
	I have had anemia and menstrual or fertility problems.
	I have varicose veins or cold feet.
	I take care of others, even at my own expense.
Yang Ming Earth	I enjoy life, food, and drink. I am a pleasure seeker.
	I have been diagnosed with heartburn, gastroesophageal reflux disease (GERD), or peptic ulcer disease (PUD).
	I sometimes overindulge in food and drink. I gain weight easily.
	I develop digestive problems during times of stress or anxiety.
	My mood can swing from pleasant to angry and irritable.

Yang Ming Metal	I have recurrent sinus infections, colds, or respiratory infections.
	I have poor digestion and experience stomachaches. I focus on my bowel habits.
	I tend to be thin.
	I have a strong belief in honor, duty, responsibility, and respect for the law.
	I tend to feel tired and a little sad. I get depressed easily.
Tai Yin Metal	I have a history of respiratory problems such as bronchitis, pneumonia, asthma, or COPD with cough and phlegm.
	I have constipation alternating with diarrhea or have been diagnosed with Irritable Bowel Syndrome (IBS).
	I have skin problems and allergies.
	I am organized and methodical.
	I am honest and obey the rules.

I have tried these treatments:

- Chiropractic Massage Psychotherapy
 Injections Physical therapy Other _____

Additional information that will be important for the doctor to know:
